



# Tending the Heart of Your Relationship

A Workshop for Couples. Saturday, August 25, 9 a.m. – 4:30 p.m.

Auckland Friends Centre, 115 Mt. Eden Road

## ABOUT THE WORKSHOP

Our intention is to provide a safe, confidential, and sacred space in which each couple is invited to explore their relationship and reconnect with their beloved in the loving company of other couples.

All exercises are modelled by the facilitating couple and partaken at a level of comfort determined by each couple.

Couples spend time in the whole group, in small groups, and in private.

The workshop introduces a style of dialogue that promotes deep understanding.

We celebrate the commitment of couples to grow and change, and the ability of couples to creatively use the inevitable moments of tension.

Expect honesty, laughter, insight, worship, and learning.

For information and to register, contact Mike and Marsha by email ([res.friends.ak@gmail.com](mailto:res.friends.ak@gmail.com)) or call (09-630-6834) by August 10.

## ABOUT THE FACILITATORS



Mike and Marsha are trained leaders in Friends Couple Enrichment (FCE) and have been leading workshops and retreats for couples and parents for almost 30 years. They bring to their ministry a deep commitment to love as compassionate peace-making. They understand their marriage to be a divine gift that, like all such gifts, needs constant tending. They have raised 3 children who have now flown the coop. They are currently serving as Resident Friends at Mt. Eden in Auckland.

## ABOUT FRIENDS COUPLE ENRICHMENT

Friends Couple Enrichment (FCE) is a Quaker organization located in the USA. It has been in existence for almost 50 years. Its programs are open to all, regardless of marital status, gender identity/orientation, age, or religious affiliation. Based on Quaker principles of respect for the dignity and worth of every person, FCE has helped hundreds of couples and communities learn how to tend and deepen appreciation for the sacredness of committed relationships.

For an introduction to Friends Couple Enrichment, visit [www.friendscoupleenrichment.org](http://www.friendscoupleenrichment.org). This workshop is offered with the blessing of Northern Monthly Meeting of the Religious Society of Friends.